To strengthen the resiliency in families experiencing the greatest disparities in education, health, employment and income.

www.lifetrack-mn.org
WHERE WE SERVE

In 2018, Lifetrack served 2,374 clients in 72 Minnesota counties with the largest percentages in Hennepin (25%) and Ramsey (48%) counties — particularly the cities of Minneapolis and Saint Paul.
Lifetrack’s Child & Family Services combat the effects of poverty, violence and toxic stress through a two-generation, therapeutic and intensive relationship-based approach. This results in significant developmental progress for children, builds stronger families and empowers parents with the tools to create a nurturing, healthy environment at home.

Our Services Include:
- Children's Therapy
- Home Visiting
- Therapeutic Preschool

THE IMPACT

71% of children enrolled in our preschool received more than one therapy service.

100% of families enrolled in our early childhood programs were connected with one or more community resources.

80% of children enrolled in our preschool have an Adverse Childhood Experience (ACE) score of 4 or more. Each type of trauma counts as one, no matter the rate of occurrence.

50 families received home visiting services.
Lifetrack’s Deaf and Hard of Hearing — Family Services offer unbiased parent-to-parent support, instruction in American Sign Language, opportunities to develop relationships with successful Deaf and Hard of Hearing adults and training in educational advocacy.

Our Services Include:
- Deaf Mentor Family Program
- Minnesota Hands & Voices

THE IMPACT

754
families with children who are Deaf or Hard of Hearing received materials, resources and support through Minnesota Hands & Voices.

89%
of parents felt that their child’s quality of life has improved as a result of participating in the Deaf Mentor Family Program.

“He is learning so quickly with ASL, which is helping him be a happy, well-adjusted 1 1/2 year old who can communicate to us what he wants without having to be able to verbally tell us.”
- DMFP Family

“I’ve been overwhelmed (in a positive way) and grateful for this organization!! What a wonderful organization to help guide us, as parents and our daughter on our journey! Thank you.”
- MN Hands & Voices Family
Lifetrack’s Employment Services work with people with disabilities and people experiencing poverty to launch and develop careers. Through career exploration, training, placement and coaching, Lifetrack helps people develop the skills and knowledge necessary to overcome barriers, find meaningful work and move from poverty to self-sufficiency.

Our Services Include:
- Services for People with Disabilities
- Services for Low-Income Individuals

**THE IMPACT**

- **410** people with Severe & Persistent Mental Illness were served across all Employment Services.
- More than **80** people had a background of multiple criminal convictions.
- **$13.09** was the average wage for people hired with the support of our Employment Services.
- **189** people attained credentials to demonstrate the skills and knowledge necessary to find meaningful work.
THANK YOU
for being a part of the Lifetrack community!

Together, we are making #realchange possible.

Lifetrack is an accredited and certified nonprofit organization with key organizational partners.