1,406 hours of therapy services were provided to children and their families. These hours included mental health, occupational, speech and language services.

72 families received home visiting services

10 family connection events were hosted by the Parents as Teachers program
CHILD & FAMILY SERVICES

Child & Family Services programs combat the effects of poverty, violence and toxic stress through a two-generation, therapeutic and intensive relationship-based approach. This results in significant developmental progress for children, builds stronger families and empowers parents with the tools to create a nurturing, healthy home environment.

Programs and Services:
• Children’s Therapy Services
• Families Together Home Visiting
• Families Together Therapeutic Preschool

2019 Accomplishments:
• The home visiting team received a $1.4 M grant from the Minnesota Department of Health to significantly expand the Parents as Teachers program and strengthen outreach efforts within the community.
• The home visiting team increased involvement in the community by attending 10 community events, sending out flyers to 17 local organizations, posting flyers in 10 grocery stores, sending letters to 25 community worship centers and 41 home childcare and childcare centers, to build connections and expand enrollment in the Parents as Teachers program.

100% of families participating in Lifetrack’s preschool programs were connected with one or more community resources

75% of preschool families were living at less than 100% of the poverty line

68% of students gained skills in all developmental areas by the end of the school year
“It is much easier for our son to tell us his needs and for us to adequately understand him.”

2019 Impact

98% of families reported they were satisfied with the service they received from the Deaf Mentor Family Program

92% of families reported that since participating in the Deaf Mentor Family Program, the communication between themselves and their DHH child has gotten much better

Minnesota Hands & Voices provided service to families in 70 Minnesota counties
Deaf & Hard of Hearing - Family Services

Deaf & Hard of Hearing (DHH) - Family Services offer unbiased parent-to-parent support, instruction in American Sign Language, opportunities to develop relationships with successful Deaf and Hard of Hearing adults and training in educational advocacy.

Programs and Services:
• Deaf Mentor Family Program
• Minnesota Hands & Voices
  • ASTra Guides • DHH Role Models • Parent Guides

2019 Accomplishments:
• Deaf and Hard of Hearing Guides (Role Models) were added to provide families with valuable insight into the unique experience of growing up Deaf or Hard of Hearing, just like their child.
• Added ASTra Guides (Educational Advocacy) to help families navigate their child’s education and ensure they feel confident in working with their child’s school districts.
• The Deaf Mentor Family Program partnered with Minnesota families with DHH children to hold another successful Minnesota Deaf Family & Friends Camp. Families learned about American Sign Language and Deaf culture and had the chance to interact with Deaf adults.
• The Deaf Mentor Family Program hired additional Deaf Mentors in 2019 to be able to expand their reach and build deeper connections with families.

“Increased confidence in communication, improved ASL skills, reduced stress over my ability to support my hard of hearing child.”

-Deaf Mentor Family Program participant speaking on the benefits of the program.
2019 Impact

The average wage for Lifetrack clients was $15.86 per hour.

88% of clients were placed in jobs that matched their strengths and interests.

75% of clients maintained employment for 12 consecutive months.
EMPLOYMENT SERVICES

Employment Service specialists work with people with disabilities, individuals experiencing poverty and those facing barriers to employment to help launch and develop their careers. Through career exploration, training, placement and coaching, Lifetrack helps people develop the skills and knowledge necessary to overcome barriers, find meaningful work and move from poverty and dependency to self-sufficiency.

Programs:

• Services for People with Disabilities
• Services for Low-Income Individuals

2019 Accomplishments:

• 93% of individuals in our Partnering for Jobs program, who were working, were doing so in a variety of unique settings that matched their skills and interests.

• Our LEARN program at Ramsey County Mental Health program had 68 new job starts in 2019 with multiple job placements as computer programmers.

• The LEARN team was trained on a new medical records program called NexGen which allows them to effectively operate in a cohesive partnership with medical staff as part of the client’s care team.

More than 70% of clients served were parents

100% of clients served were low-income community members

70% of clients served through Employment Services were people of color

More than 30% of clients served were individuals looking for employment after having exited the criminal justice system
**Lifetrack Mission**
To strengthen the resiliency in families experiencing the greatest disparities in education, health, employment and income.

**Lifetrack Vision**
All families are empowered to reach their full potential.